

# Spirit of Mamawetan

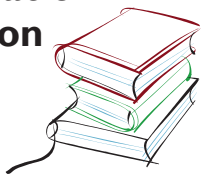
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Together in Wellness

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## Special education edition



Supporting students in their desires to embark on careers in the health care field is important to the Mamawetan Churchill River Health Region. Supporting employees who wish to enhance their educational credentials and their skills is also very important.

This special issue of *Spirit of Mamawetan* attempts to highlight some of the many ways that learning is encouraged. It also recognizes the contribution of our staff in helping students in their professional journeys, and celebrates the many accomplishments of our dedicated staff.

Thank you and congratulations to all!

## Making the Links



*Making the Links* is a unique global health certificate program for undergraduate medical students at the University of Saskatchewan that combines academic courses with service learning experiences that allow students to encounter different cultures and learn about traditional medicines.

For the first time this spring, the community of Pinehouse participated in the program and hosted four students for six weeks.

Each student focused on one of four topics identified by the Pinehouse Interagency Committee: sexual health, mental health and

addictions, community gardens, and diabetes. The students will prepare reports on their findings and recommendations and this information will be shared with the community, with the hope that the community will work alongside a second group of students on the same topics next year. Pictured above (left to right) are students Kiel Luhning, Devin Ritter, Sarah Miller and Jessica Lydiate, along with Pinehouse Community Health Manager Phyllis Smith. We look forward to many positive outcomes from this endeavour.

## Science Fair winners



Awards for health-related projects are presented annually at the Northern Saskatchewan Regional Science Fair. The 2011 senior health award winners, Natasha Boyes and Ryan Leung, were also the fair's overall winners with their project entitled, "Do YOU have the Twitch? A Study on Muscle Fibre Conversion". The pair took their project to the Canada-Wide Science Fair in Toronto in May. Congratulations!

The health region awards are designed to encourage students to consider careers in the health field.

See the back page for the junior and intermediate award winners for health-related projects.

## Gaining valuable work experience



Reva Bear (Sandy Bay)

Annette Halkett, Renee Morin, Betty Misponas, Brenda Powder, Florence Charles, Adrienne Ratt

Leona Charles, Jessica Laban, Amanda Misponas (inset) Starla Bear

As part of the Dumont Technical Institute's Office Education—Health Link Program, many of the students fulfilled their practicum component by working with staff in our health region. They gained valuable experience that will assist them in finding health related employment.

In addition, DTI offered a health entry program for those interested in support staff positions. Two students gained practicum experience at the La Ronge Health Centre: Elza Hennie in Dietary and Julia Powder in Maintenance.

## Honouring preceptors and mentors

Preceptors provide oversight to students in their practicum work placements. Mentors provide guidance to new employees. Both to do this in addition to their regular work duties and make a valuable contribution to the organization and the field of health care. Preceptors and mentors were honoured on June 27, 2011 at an annual lunch, with the presentation of a small gift and educational voucher. For the first time this year, physicians were included in the event. Thank you all for your dedication!



**Preceptors**



**Mentors**

**Preceptors** (Back row, l. to r.): Carley Kostyshyn, Cathryn Abrametz, Jeannie Coe, Dr. David Stoll, Dr. Christo Delpont, Chalsey Klassen, Greg Brakstad, Rachel Carlson, (Front row, l. to r.) Melanie Beal, Dr. Lisa Friesen, Amy Mark, Calyn Burnouf, Kristy Tomm, Evelyn Hennie. Missing: Bill Cannon, Michelle Moore, Bryce Graham, Dr. David Archer, Dr. Derise Coetzee, Dr. Leevan Covenden, Dr. Sean Groves, Dr. James Irvine, Dr. Nolan Jansen, Dr. Moliehi Khaketla, Dr. Johannes Kleingeld, Dr. Betty Spooner, Dr. Debra Tonn, Katherine Dreger, Jessica Charles, Johanna Melchior, Lauren Spence, Ruth Bacon, Ken Samoleski, Kim Vancoughnett, Jennifer Johnson, Joanne Burkholder, Deena Slugoski, Jackie Natomagan.

**Mentors** (Back row, l. to r.): Caroline Ohrn, Greg Brakstad, Jennifer Radloff (Front row, l. to r.): Brenda Bear, Kim Schommer, Missing: Sharyn Swann, Denise Legebokoff, David Watts, Wendy Ahenakew, dianne hallberg, Joan Olsen, Pam Martin, Dr. James Irvine, Monika Geier, David Sampson, Andrew Carolus, Paul Tyckon, Doris Goulet, Bev Fleury

# Leadership development

Submitted by Susan Halland

With funding from the Ministry of Health, the MCRHR Leadership Development Program was implemented in the fall of 2009. Six staff members were accepted into the program out of 11 applicants: **Jennifer Radloff, Kim Schommer, Karien Haydukewich, Dorla Watt, Joanne Burkholder and Amanda Mayotte**. The program consisted of training workshops, book studies and the Saskatchewan Institute of Health Leadership program. Applicants who were not accepted into the program, as well as other staff, were still eligible to attend any of the program workshops offered in La Ronge.

## Program Outline

### 2010

Social Styles: Producing Results with Others – La Ronge – January 5, 2010

Impact Leadership – La Ronge – January 6, 2010

Made in Canada Leadership – Book Study – January 20, 2010

Crucial Conversations – Saskatoon – February 2 & 3, 2010

Harmony in the Workplace – La Ronge – May 4, 2010

Business Leadership: Reach Your Management Potential – La Ronge – May 5, 2010

Influencer: The Power to Change Anything – Book Study – May 20, 2010

Influencer Training – Saskatoon – June 1 & 2, 2010

Professional Supervisor – La Ronge – October 20, 2010

Good to Great – Book Study – October 25, 2010

Saskatchewan Institute of Health Leadership – Regina – November 15 – 19, 2010

### 2011

Emotional Intelligence – La Ronge – February 9, 2011

Saskatchewan Institute of Health Leadership – Regina – April 14 – 15, 2011

An evaluation of the program highlighted the benefits to the participants including increased self awareness, increased confidence, and a desire to move to more formal leadership roles in the future. There was significant learning from researching and preparing multi-disciplinary group projects. It is hoped that the region can obtain funding to continue offering the program.



Graduates of the Saskatchewan Institute of Health Leadership (SIHL) Program: (Back, l. to r.) Jennifer Radloff, Amanda Mayotte, Joanne Burkholder (Front) Dorla Watt and Kim Schommer



Karien Haydukewich completed the SIHL program in 2008. She is pictured at left participating in a workshop on Emotional Intelligence in La Ronge, led by Linda McCann (below) on behalf of the University of Saskatchewan.



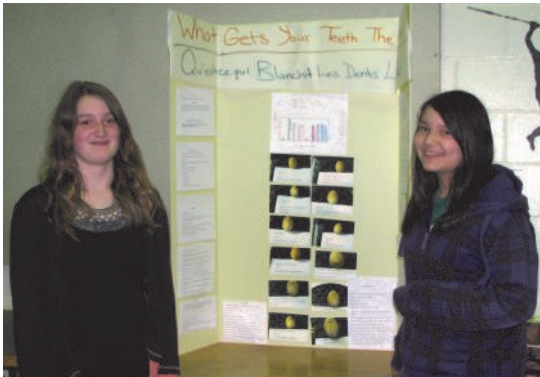
Ron Morris of Morris Interactive, Inc. is pictured at left (standing) as he leads one of a number of courses the company conducted as part of the Leadership Development program. Employees from throughout the organization benefited from the training.



## More science fair winners



(Left) Intermediate health project winners Kiera Calladine and Cayla Courage studied the effect of weather on mood. (Below) Junior award winners Zamen Kowalczyk and Jodie Hancheroff experimented with different teeth whitening products. Congratulations!



## Tuition & Book Support

A revised Tuition and Book Support policy took effect in October, 2010. Nine staff members applied for and were approved for funding in 2010-11:

Cindy Greuel – IV & Blood Completer and NG Tube Insertion LPN courses

Kim-Ann Bell – courses towards a Masters Degree in Emergency and Disaster Management

David Sampson – Environmental Impact Assessment course

dianne hallberg – Expressive Arts Therapy Certificate

Pam Martin – Trauma & Loss Clinical Specialist Certificate

Jan Senik – LPN Assessment Course

Melanie Beal – courses towards a Masters Degree in Nursing

Heather Smith – courses towards a Bachelors Degree in Nursing

Millie Goulet – completion of a Masters Degree in Educational Psychology

It was great to see staff accessing this policy as they work to increase their knowledge and credentials. This additional knowledge and expertise will benefit our service to clients, patients and residents. A new call for proposals was issued in May and applications are in various stages of approval. Recipients will be noted in a future edition.

KSDOS

Two employees recently completed Masters programs without the benefit of tuition support from the region. Congratulations to **dianne hallberg** who convocated with a **Masters of Social Work** from Memorial University of Newfoundland & Labrador in October, 2010 and to **Justin Galloway** who completed the requirements for a **Masters of Education Administration** from the University of Saskatchewan. Justin will convocate in October, 2011. Well done!

## Collaborating with Northlands College



LPN students (L. to r.) Shannon Bear, Tracy Sewap, Larissa Norgaard, Sheena Halkett, Therese Dzeylion, Patricia Morin, Brandy Woods, Melissa Walker, Vanessa Morin



Northlands College Licenced Practical Nursing Training Program instructors Patrick Blais and Ellen Klassen (left) evaluated students on their presentations at the La Ronge Health Centre this spring.

The region also collaborated with the college to provide a venue in Long Term Care for the practical assessment portion of the program.

## Health Careers Access Program

The Northlands College Health Careers Access Program is a nine month program designed for Grade 12 graduates (partial grade 12 may be considered) to provide students with the skills and prerequisites needed to enter post-secondary training primarily directed at careers in the health sector. Health region staff support this program by making presentations to students and providing job shadowing opportunities. Thank you to Donovan Beaudin, Esther Olarinmoye, Jennifer Johnson, Calyn Burnouf, Peggy Ratcliffe, Ashtin Burym and Sussan Milstead who made the job shadowing possible for eight students. Much appreciated!