

Media Advisory



August 27, 2010

For more information, contact:
Linda Mikolayenko, 425-4812

Dr. Angela Bowen to speak on maternal depression

Dr. Angela Bowen of the University of Saskatchewan will be in La Ronge on August 31 and September 1, 2010 to speak to health care professionals about the Saskatchewan Maternal Mental Health Strategy and to meet with mothers on the topic of depression in pregnancy and postpartum. Her presentations will be available to invited participants via telehealth throughout the North.

Dr. Bowen will be available for in-person or phone interviews the afternoon of Tuesday, August 31, 2010. Interested media should contact Linda Mikolayenko at 425-4812 to schedule a time.

More information on the Maternal Mental Health Strategy is available online at:
www.skmaternalmentalhealth.ca

Angela Bowen, RN, PhD, is a Registered Nurse and Associate Professor who teaches and coordinates undergraduate obstetrical nursing within the College of Nursing at the University of Saskatchewan. She has extensive clinical, educator, and administrator experience in Obstetrics and Mental Health. Her research focus, Maternal Mental Health, brings these areas together. Angela received a Saskatchewan Health Research Foundation New Investigator Establishment Award to evaluate the Maternal Mental Health Program that she spearheaded in Saskatoon. She is currently involved in knowledge translation activities to increase awareness of maternal mental health and is leading a provincial working group that has developed policy recommendations to address gaps related to maternal mental health in Saskatchewan.

Information on the Feelings in Pregnancy and Motherhood study is also available online at:
www.feelingsinpregnancy.ca