



# Mamawetan Churchill River Health Region

## News Release

September 22, 2008

For immediate release

### Patient Safety Week encourages medication safety

Knowledge is the best medicine. During Canadian Patient Safety Week, the message is that the more we know about managing medications, the safer we will be.

The fourth annual Canadian Patient Safety Week will be celebrated from September 29 to October 4, 2008. An initiative of the Canadian Patient Safety Institute, this year's theme reminds us that we all have a role to play in medication safety.

The Mamawetan Churchill River Health Region encourages residents not to be afraid to ask their healthcare providers questions about medications and treatments.

“If you do not fully understand, tell them you don't understand, or ask more questions,” says Jan Senik, Employee and Patient Safety Coordinator. “At the same time, be sure that healthcare providers have all the important information about you, including all the medications you are taking, as well as herbal supplements, vitamins and over-the counter medications, such as cold medicine. These could have an effect on your prescriptions.”

The attached sheet provides additional tips for patients and family members. For more information about Canadian Patient Safety Week, visit [www.patientsafetyweek.ca](http://www.patientsafetyweek.ca)



Canadian Patient Safety Week

Semaine nationale de  
la sécurité des patients

**KNOWLEDGE IS  
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**LA CONNAISSANCE EST  
LE MEILLEUR REMÈDE**

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*Together in Wellness*