



Mamawetan Churchill River Health Region

Public Service Announcement

October 5, 2011

For more information, contact:
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2011-12 seasonal flu vaccine clinics to begin next week

The Mamawetan Churchill River Health Region will begin seasonal influenza vaccine clinics the week of October 11, 2011.

The vaccine is free and available to everyone over the age of 6 months. No appointment is necessary; drop-in only. Please bring your Saskatchewan Health Card.

This year's seasonal vaccine also includes protection against the H1N1 virus and is particularly recommended for persons at higher risk of becoming seriously ill with influenza such as adults 65 and over, persons with chronic health conditions or severe obesity, pregnant women, children from 6 months to under 2 years of age, and close contacts of those at higher risk. A complete list of these groups is [attached](#).

The schedules for the flu clinics are posted on the health region website. Attached is the schedule for Creighton, Denare Beach, La Ronge, Pinehouse, Ramsey Bay, Sandy Bay, Timber Bay and Weyakwin by community, and by date. Check the region website for updates: www.mcrrha.sk.ca

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Together in Wellness

www.mcrrha.sk.ca



Mamawetan Churchill River Health Region

2011-12 Seasonal Flu Clinics by Community

Creighton

Tuesday, October 11, 2011, Creighton Health Centre,
9:00 a.m. to 12:00 noon; 1:00 p.m. to 4:30 p.m.

Wednesday, October 12, 2011, Creighton Health Centre,
1:00 p.m. to 7:00 p.m.

Thursday, October 13, 2011, Creighton Health Centre,
9:00 a.m. to 12:00 noon; 1:00 p.m. to 4:30 p.m.

Monday, October 17, 2011, Creighton Heritage Manor, 10:00 a.m. to 4:00 p.m.

Tuesday, October 25, 2011, Creighton Health Centre,
9:00 a.m. to 12:00 noon; 1:00 p.m. to 4:30 p.m.

Denare Beach

Thursday, October 20, 2011, New Horizons, 10:00 a.m. to 4:00 p.m.

La Ronge

Tuesday, October 11, 2011, Legion Hall, 9:00 a.m. to 7:00 p.m.

Wednesday, October 12, 2011, Legion Hall, 9:00 a.m. to 7:00 p.m.

Thursday, October 13, 2011, La Ronge Health Centre
9:00 a.m. to 12:00 noon; 1:00 p.m. to 4:00 p.m.

Friday, October 14, 2011, La Ronge Health Centre,
9:00 a.m. to 12:00 noon; 1:00 p.m. to 4:00 p.m.

Monday, October 17, 2011, La Ronge Health Centre,
10:00 a.m. to 12:00 noon; 1:00 p.m. to 4:00 p.m.

Thursday, October 20, 2011, La Ronge Health Centre,
10:00 a.m. to 12:00 noon; 1:00 p.m. to 4:00 p.m.

Monday, October 24, 2011, La Ronge Health Centre, 9:00 a.m. to 12:00 noon

Thursday, October 27, 2011, La Ronge Health Centre, 9:00 a.m. to 12:00 noon

Monday, October 31, 2011, La Ronge Health Centre, 9:00 a.m. to 12:00 noon

Pinehouse

Tuesday, October 11, 2011, Pinehouse Health Centre,
9:00 a.m. to 12:00 noon; 1:00 p.m. to 5:00 p.m.

Wednesday, October 12, 2011, Pinehouse Health Centre,
9:00 a.m. to 12:00 noon; 1:00 p.m. to 5:00 p.m.

Thursday, October 13, 2011, Pinehouse Health Centre,
9:00 a.m. to 12:00 noon; 1:00 p.m. to 5:00 p.m.

Friday, October 14, 2011, Pinehouse Health Centre,
9:00 a.m. to 12:00 noon; 1:00 p.m. to 5:00 p.m.

Monday, October 17, 2011, Minahik Waskahigan School,
3:30 p.m. to 6:00 p.m.

Wednesday, October 19, 2011, Pinehouse Health Centre,
10:00 a.m. to 12:00 noon; 1:00 p.m. to 4:00 p.m.

Tuesday, October 25, 2011, Pinehouse Health Centre, 1:00 p.m. to 5:00 p.m.

Ramsey Bay

Wednesday, October 12, 2011, Recreation Centre, 9:00 a.m. to 12:00 noon

Sandy Bay

Tuesday, October 11, 2011, Sandy Bay Health Centre,
10:00 a.m. to 12:00 noon; 1:00 p.m. to 8:00 p.m.

Wednesday, October 12, 2011, Sandy Bay Health Centre,
8:00 a.m. to 12:00 noon; 1:00 p.m. to 3:00 p.m.

Tuesday, October 25, 2011, Sandy Bay Health Centre,
10:00 a.m. to 12:00 noon; 1:00 p.m. to 8:00 p.m.

Wednesday, October 26, 2011, Sandy Bay Health Centre,
8:00 a.m. to 12:00 noon; 1:00 p.m. to 3:00 p.m.

Timber Bay

Wednesday, October 19, 2011, Timber Bay School, 11:00 a.m. to 3:00 p.m.

Weyakwin

Wednesday, October 12, 2011, Weyakwin Health Centre,
1:00 p.m. to 4:00 p.m.



Mamawetan Churchill River Health Region

2011-12 Seasonal Flu Clinics by Date

Tuesday, October 11, 2011

Creighton Health Centre, 9:00 a.m. to 12:00 noon; 1:00 p.m. to 4:30 p.m.

La Ronge Legion Hall 9:00 a.m. to 7:00 p.m.

Pinehouse Health Centre, 9:00 a.m. to 12:00 noon; 1:00 p.m. to 5:00 p.m.

Sandy Bay Health Centre, 10:00 a.m. to 12:00 noon; 1:00 p.m. to 8:00 p.m.

Wednesday, October 12, 2011

Creighton Health Centre, 1:00 p.m. to 7:00 p.m.

La Ronge Legion Hall, 9:00 a.m. to 7:00 p.m.

Pinehouse Health Centre, 9:00 a.m. to 12:00 noon; 1:00 p.m. to 5:00 p.m.

Ramsey Bay, Recreation Centre, 9:00 a.m. to 12:00 noon

Sandy Bay Health Centre, 8:00 a.m. to 12:00 noon; 1:00 p.m. to 3:00 p.m.

Weyakwin Health Centre, 1:00 p.m. to 4:00 p.m.

Thursday, October 13, 2011

Creighton Health Centre, 9:00 a.m. to 12:00 noon; 1:00 p.m. to 4:30 p.m.

La Ronge Health Centre, 9:00 a.m. to 12:00 noon; 1:00 p.m. to 4:00 p.m.

Pinehouse Health Centre, 9:00 a.m. to 12:00 noon; 1:00 p.m. to 5:00 p.m.

Friday, October 14, 2011

La Ronge Health Centre, 9:00 a.m. to 12:00 noon; 1:00 p.m. to 4:00 p.m.

Pinehouse Health Centre, 9:00 a.m. to 12:00 noon; 1:00 p.m. to 5:00 p.m.

Monday, October 17, 2011

Creighton Heritage Manor, 10:00 a.m. to 4:00 p.m.

La Ronge Health Centre, 10:00 a.m. to 12:00 noon; 1:00 p.m. to 4:00 p.m.

Pinehouse, Minahik Waskahigan School, 3:30 p.m. to 6:00 p.m.

Wednesday, October 19, 2011

Pinehouse Health Centre, 10:00 a.m. to 12:00 noon; 1:00 p.m. to 4:00 p.m.

Timber Bay School, 11:00 a.m. to 3:00 p.m.

Thursday, October 20, 2011

Denare Beach, New Horizons, 10:00 a.m. to 4:00 p.m.

La Ronge Health Centre, 10:00 a.m. to 12:00 noon; 1:00 p.m. to 4:00 p.m.

Monday, October 24, 2011

La Ronge Health Centre, 9:00 a.m. to 12:00 noon

Tuesday, October 25, 2011

Creighton Health Centre, 9:00 a.m. to 12:00 noon; 1:00 p.m. to 4:30 p.m.

Pinehouse Health Centre, 1:00 p.m. to 5:00 p.m.

Sandy Bay Health Centre, 10:00 a.m. to 12:00 noon; 1:00 p.m. to 8:00 p.m.

Wednesday, October 26, 2011

Sandy Bay Health Centre, 8:00 a.m. to 12:00 noon; 1:00 p.m. to 3:00 p.m.

Thursday, October 27, 2011

La Ronge Health Centre, 9:00 a.m. to 12:00 noon

Monday, October 31, 2011

La Ronge Health Centre, 9:00 a.m. to 12:00 noon