



# Mamawetan Churchill River Health Region

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## Public Service Announcement

### Influenza Vaccination Clinics

Influenza vaccine is available free of charge for individuals who are at risk for developing complications related to influenza disease. The Mamawetan Churchill River Health Region strongly encourages anyone with the following risk factors to be vaccinated.

#### **Risk factors include:**

- Individuals aged 65 years and older
- Children aged 6 months to 23 months
- Pregnant women
- Individuals 6 months of age and older with:
  - \*Chronic heart problems
  - \*Chronic lung problems
  - \*Diabetes
  - \*Cancer
  - \*Kidney disease
  - \*Immunodeficiency or immunosuppression

**Influenza Clinics for high risk individuals will be held as follows (drop in only):**

#### **High Risk Clinics start October 15**

Monday, October 15 – Royal Canadian Legion, La Ronge – 9:00 a.m.-6:00 p.m.

Tuesday, October 16 – La Ronge Health Centre – 8:00 a.m.-5:00 p.m.

Thursday, October 18 – La Ronge Health Centre – 8:00 a.m.-5:00 p.m.

Tuesday, October 23 – La Ronge Health Centre – 8:00 a.m.-5:00 p.m.

Thursday, October 25 – La Ronge Health Centre – 8:00 a.m.-5:00 p.m.

**Please bring your Saskatchewan Health Card.**

**Influenza clinics for high risk individuals and those wishing to purchase the vaccine for \$15.00 will be held at later dates. Watch for further announcements.**

For more information on influenza vaccine,  
please contact the **Health Line** at **1-877-800-0002**.