



Mamawetan Churchill River Health Region

Public Service Announcement

January 6, 2012

For more information, contact:
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Seasonal flu vaccine clinics continue in the new year

The Mamawetan Churchill River Health Region is continuing its seasonal influenza vaccine clinics.

Attached is the schedule for Creighton, La Ronge, Pinehouse and Sandy Bay, by community. Check the region website for updates: www.mcrrha.sk.ca

The vaccine is free and available to everyone over the age of 6 months. No appointment is necessary on scheduled days; drop-in only. Please bring your Saskatchewan Health Card.

The current seasonal vaccine also includes protection against the H1N1 virus and is particularly recommended for persons at higher risk of becoming seriously ill with influenza such as adults 65 and over, persons with chronic health conditions or severe obesity, pregnant women, children from 6 months to under 2 years of age, and close contacts of those at higher risk.

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Together in Wellness

www.mcrrha.sk.ca



Mamawetan Churchill River Health Region

Seasonal Flu Clinics by Community

January - March, 2012

Creighton

Friday, January 13, 2012, Creighton Health Centre, 1:00 p.m. to 4:00 p.m.

Thursday, January 19, 2012, Creighton Health Centre, 9:00 a.m. to 12:00 noon

La Ronge

Monday, January 9, 2012, La Ronge Health Centre, 9:00 a.m.-12:00 noon

Monday, January 23, 2012, La Ronge Health Centre, 9:00 a.m.-12:00 noon

Monday, February 6, 2012, La Ronge Health Centre, 9:00 a.m.-12:00 noon

Monday, February 27, 2012, La Ronge Health Centre, 9:00 a.m.-12:00 noon

Monday, March 5, 2012, La Ronge Health Centre, 9:00 a.m.-12:00 noon

Monday, March 26, 2012, La Ronge Health Centre, 9:00 a.m.-12:00 noon

Pinehouse

Tuesday, January 10, 2012, Pinehouse Health Centre, 1:00 p.m. to 4:00 p.m.

Wednesday, January 25, 2012, Pinehouse Health Centre, 1:00 p.m. to 4:00 p.m.

Thursday, February 16, 2012, Pinehouse Health Centre,
10:00 a.m. to 12:00 noon; 1:00 p.m. to 4:00 p.m.

For appointments outside these hours, phone 884-5680.

Sandy Bay

Tuesday, January 17, 2012, Sandy Bay Health Centre, 1:00 p.m. to 8:00 p.m.

Wednesday, January 18, 2012, Sandy Bay Health Centre, 8:00 a.m. to 3:00 p.m.

Tuesday, January 24, 2012, Sandy Bay Health Centre, 1:00 p.m. to 8:00 p.m.

Wednesday, January 25, 2012, Sandy Bay Health Centre, 8:00 a.m. to 3:00 p.m.

Tuesday, January 31, 2012, Sandy Bay Health Centre, 1:00 p.m. to 8:00 p.m.

For updates, check our website: www.mcrrha.sk.ca