



Mamawetan Churchill River Health Region

Public Service Announcement

November 30, 2009

For more information, contact:
Linda Mikolayenko, 425-4812

Seasonal flu vaccine sales added to clinics

The Mamawetan Churchill River Health Region is now providing the opportunity for individuals who are not high risk to purchase the seasonal influenza vaccine.

Seasonal influenza vaccine is available free of charge for the following individuals who are at risk for developing complications related to influenza:

- Pregnant women
- Infants and children aged 6 months to 23 months
- Individuals aged 65 years and older
- Individuals under 65 with chronic medical conditions
- Healthcare workers

Other individuals may purchase the vaccine at a cost of \$20, and \$25 for children aged 2 to 9 who require two doses.

The scheduled clinics are also an opportunity for those who have not yet received the H1N1 vaccine, and for eligible children to receive their second H1N1 dose.

The H1N1 vaccine is free and available to everyone over the age of 6 months.

All children from 6 months to under 3 years, and children from 3 years to 9 years that have chronic health conditions are eligible to receive a second dose, as long as it has been at least 21 days since their first dose. For the time being, children from 3 years to 9 years who are healthy do not require a second dose.

The unadjuvanted vaccine is available for pregnant women under 20 weeks.

No appointment is necessary. Please bring your Saskatchewan Health Card and wear a short-sleeved T-shirt. You will be required to complete a consent form for the H1N1 vaccine. This form is available at the clinics and is on the health region website:

www.mcrrha.sk.ca

The schedules for the various communities are posted on the health region website: www.mcrrha.sk.ca Attached is a regional schedule by date and location.



Mamawetan Churchill River Health Region

H1N1 and Seasonal Flu Clinics

including sales

by Date

(Current as of November 30, 2009)

Monday, November 30

Pinehouse Health Centre, 8:30 a.m. to 4:30 p.m.

Creighton Health Centre, 1:00 p.m. to 8:00 p.m.

Tuesday, December 1

Pinehouse Health Centre, 8:30 a.m. to 4:30 p.m.

Sandy Bay, Health Centre, 1:00 p.m. to 7:00 p.m.

Wednesday, December 2

Sandy Bay Health Centre, 10:00 a.m. to 3:00 p.m.

Monday, December 7

Denare Beach, P.B.C.N. Band Office, 11:00 a.m. to 6:00 p.m.

Tuesday, December 8

Creighton Health Centre, 11:00 a.m. to 6:00 p.m.

Monday, December 14

La Ronge Health Centre, 8:30 a.m. to 6:00 p.m.

Tuesday, December 15

La Ronge Health Centre, 8:30 a.m. to 4:00 p.m.

Wednesday, December 16

La Ronge Health Centre, 8:30 a.m. to 4:00 p.m.



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H1N1 and Seasonal Flu Clinics

including sales

by Location

(Current as of November 30, 2009)

Creighton

Monday, November 30, Creighton Health Centre, 1:00 p.m. to 8:00 p.m.

Tuesday, December 8, Creighton Health Centre, 11:00 a.m. to 6:00 p.m.

Denare Beach

Monday, December 7, P.B.C.N. Band Office, 11:00 a.m. to 6:00 p.m.

La Ronge

Monday, December 14, La Ronge Health Centre, 8:30 a.m. to 6:00 p.m.

Tuesday, December 15, La Ronge Health Centre, 8:30 a.m. to 4:00 p.m.

Wednesday, December 16, La Ronge Health Centre, 8:30 a.m. to 4:00 p.m.

Pinehouse

Monday, November 30, Pinehouse Health Centre, 8:30 a.m. to 4:30 p.m.

Tuesday, December 1, Pinehouse Health Centre, 8:30 a.m. to 4:30 p.m.

Sandy Bay

Tuesday, December 1, Sandy Bay Health Centre, 1:00 p.m. to 7:00 p.m.

Wednesday, December 2, Sandy Bay Health Centre, 10:00 a.m. to 3:00 p.m.

Updated schedules are available on the Mamawetan Churchill River Health Region website: www.mcrrha.sk.ca