

# La Ronge Prenatal Baby Friendly Committee



is pleased to host the Winter 2012

## Prenatal Classes

**Tuesday, January 24<sup>th</sup>**

**2:00-4:00 p.m. or  
7:00-9:00 p.m.**

**Intro to Pregnancy,  
Nutrition and Dental**

**Tuesday, January 31<sup>st</sup>**

**2:00-4:00 p.m. or  
7:00-9:00 p.m.**

**Post Partum Care and  
Post Partum Depression**

**Tuesday, February 7<sup>th</sup>**

**7:00-9:00 p.m.**

**Labour and Delivery,  
and Breastfeeding**

**Held at the La Ronge Health Centre**

**To register, call:**

**Public Health 425-4800**

**Angelique @ Jeannie Bird Clinic 425-1731**

**Maureen @ Kikinahk 425-2051**

**Transportation Available**